



talk tobacco

**CONFIDENTIAL**

**Indigenous Quit Smoking and Vaping Support**

# Commercial Tobacco Referral Form

Send this form to:

**Talktobacco@cancer.ca** or **Fax: 1-877-513-5334**

Office stamp (optional)

## PATIENT/CLIENT INFORMATION – REQUIRED – PLEASE PRINT CLEARLY

Talk Tobacco is a free and confidential Canadian Cancer Society program that offers culturally appropriate support and information about quitting smoking, vaping and commercial tobacco use to First Nations, Inuit, Métis and urban Indigenous communities.

**DOES THE PATIENT/CLIENT IDENTIFY AS FIRST NATIONS, INUIT, MÉTIS OR INDIGENOUS?**  Yes  No

FIRST NAME \_\_\_\_\_

LAST NAME \_\_\_\_\_

PROVINCE \_\_\_\_\_

POSTAL CODE \_\_\_\_\_

BIRTHDATE (mm/yyyy) \_\_\_\_\_

(\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
TELEPHONE

LANGUAGE PREFERENCE:

English  French  Interpreter (specify language): \_\_\_\_\_

WHEN SHOULD A QUIT COACH CALL?

Morning  Afternoon  Evening  Anytime

GENDER:

Male  Female  Identify as: \_\_\_\_\_

## REFERRAL SOURCE – REQUIRED – PLEASE PRINT CLEARLY

Nurse  Nurse Practitioner  Physician  Community Health Educator  Community Health Representative  Social Worker

Elder  Other \_\_\_\_\_

FIRST NAME \_\_\_\_\_

LAST NAME \_\_\_\_\_

NAME OF COMMUNITY/ORGANIZATION \_\_\_\_\_

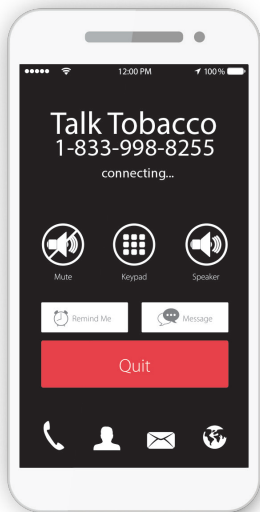
EMAIL \_\_\_\_\_

(\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
TELEPHONE

(\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
FAX

This fax contains private and confidential information. It is intended for Talk Tobacco only. If you have received this fax in error please notify the sender and destroy this faxed message immediately. Any unauthorized use or disclosure of this faxed information is strictly prohibited.

----- **TEAR OFF AND GIVE TO PATIENT/CLIENT** -----



## Congratulations on taking this step toward being smoke-free!

This form will be faxed to the Canadian Cancer Society's Talk Tobacco so that a non-judgmental Quit Coach can call you about the changes you want to make with your commercial tobacco use, and give you free, personalized support. Quitlines like Talk Tobacco can more than double your chance of quitting successfully!



### Why pick up the phone?



**Learn to cope**  
with cravings and withdrawal symptoms



**Culturally inclusive and aware**  
Serving First Nation, Inuit, Metis and Urban Indigenous populations



**Available in 16 Indigenous languages**



**Speak with a Quit Coach**  
at a time of day that works for you



**Get support**  
to develop a personalized quit plan



**Get practical tips**  
for dealing with slips and relapses



**Learn about resources**  
in your community



**Free and confidential service**



**talk tobacco**  
Indigenous Quit Smoking and Vaping Support

Please know that Talk Tobacco will keep your information confidential and secure and will only use it for this program. If you have questions about the use of your personal information, please contact the referring organization or individual helping to complete this form.